

# الدرس التاسع عشر - Nineteenth Lesson

## Adverbs of Frequency

The most common adverbs of frequency are:

- **always**
- **usually**
- **often**
- **sometimes**
- **seldom**
- **rarely**
- **never**

The basic rule is that adverbs of frequency come before the main verb, but they come after present and past forms of the verb **be**: am, are, is, was, and were.

Examples:

- *I **always** go to school by bus.*
- *He **often** drinks some milk in the morning.*
- *She **seldom** drives to work.*
- *They **sometimes** watch TV in the morning.*
- *He is **always** on time.*
- *It is **sometimes** cold in the south.*
- *You are **never** satisfied.*

Frequency Percentages:

- **100% = Always**
- **75% = Usually**
- **50% = Often**
- **25% = Sometimes**
- **5% = Seldom / Rarely**
- **0% = Never**